

SRVUSD NORTH LEAGUE

Charlotte Wood Middle School

Diablo Vista Middle School

Los Cerros Middle School

Stone Valley Middle School

CHARLOTTE WOOD MIDDLE SCHOOL

AFTER SCHOOL SPORTS PROGRAM

SPORTS PACKET

2023-2024

SRVUSD SOUTH LEAGUE

Gale Ranch Middle School

Iron Horse Middle School

Pine Valley Middle School

Windemere Ranch Middle School

**Charlotte Wood Middle School
After-School Activities Program
\$30 Tax-Deductible Participation Fee Per Student Per Sport
August 10, 2023**

One common trait among most successful students is their involvement in extracurricular activities. It builds self-esteem, social skills, and increases their enjoyment of school. CWMS offers a wide selection of programs to spark your child's interest. Some of the activities offered are shown below.

Our after school program is open to all students who elect to participate, as the program has a no-cut policy. As there is no state or district funding for these programs, we rely solely on your donations in order to offer our students these opportunities. We ask for \$30 per sport, a tax-deductible donation, during the sign-up period, to have your child participate. This will cover sports equipment, coaches, subs and other fees. The estimated cost of all our enrichment activities each year averages about \$12,000. A student can participate in as many of the After-School Activities as he or she wishes to experience.

Parent Volunteer

If you are interested in serving as an advisor (coach) for one of the activities, or for a new one, please contact Adria Ibarra, Assistant Principal at 855-4414 or aibarra@srvusd.net. After speaking with Ms. Ibarra, you must complete an application. Go to www.srvusd.net, click on the Students and Families tab, then volunteer requirements and follow the directions. You will need to upload a picture of your driver's license and declaration page showing the limits that you carry on your vehicle (minimum of \$100,000/\$300,000). If you need help in the uploading of your documents, feel free to email a scanned copy of each or bring them into the front office to Mrs. Gilfillan (dgilfillan@srvusd.net). Again, be sure to sign up as a daytime chaperone and daytime driver. The clearance process sometimes takes up to 3 weeks, as the DMV gets busy.

After School Activities Program

If you have any questions regarding the After-School Activities program, please contact Julie Mignano at 925-855-4416 or jmignano@srvusd.net. You and your child can obtain a calendar of After-School Activities or find out about upcoming programs the following ways:

1. The school website, cwms.srvusd.net, click on the Students tab and then Athletics. After School Information (all documents for student participation can be acquired on the website, including parent permission forms, etc.).
2. Announced during lunch for sign-ups. This generally begins 2 weeks before the practices start.
3. Published in the Charger Weekly or announced in the Daily *Bulletin* at school each morning.

We want the After-School Activities experience to be a positive one for you, as well as for your child.

Student Expectations

The San Ramon Valley Unified School District believes in the ideals of good sportsmanship, ethical behavior, and integrity in the middle school sports programs. The promotion of good citizenship and high behavior standards are expected at all times. This program is a privilege available to middle school students in the San Ramon Valley Unified School District.

Student athletes are expected to be positive role models for their peers and shall exhibit positive behavior at all times both on the field/court and off. The San Ramon Valley Unified School District Athletic Program is a non-competitive program which promotes fairness and good sportsmanship. Students shall be encouraged to play sports, regardless of perceived ability level. No student will be cut from an athletic team due to perceived ability level, and every effort will be made to give all students equal playing time.

1. Students will respect opponents, fellow students, coaches and spectators.

2. Student will participate in every practice as required by coaches. Exceptions will be made by coaches on a case by case basis when academics need to take priority.
3. Students will maintain a 2.0 grade point average.
4. Students will not use illegal drugs, alcohol, tobacco, or any other harmful substance.
5. Students will respect all school and district property.
6. Students will demonstrate good character and sportsmanship.

Failure to abide by these rules will result in consequences set by school administration. Consequences may include disciplinary action in accordance with California Education Code and may include loss of after school athletic privileges.

Parent and Coach Responsibilities

Parents and coaches will strive to make the Middle School Sports Program a positive and uplifting experience for students. Parents and coaches should guide students towards respecting each other, other teams and their coaches. Parents and coaches should also encourage students to keep academics as the students' first priority. Parents and coaches will abide by and enforce all site and district policies wherever applicable. Any parent or coach who wishes to drive any student other than their own to a game or event must have the enclosed Personal Automobile Use Permission Form completed and on file with their student's home school. No exceptions can be made to this policy.

Schedule Information

The following are schedule guidelines, and are *approximate times*. Please plan accordingly. Information may be subject to change by the coach, referee, or site administrator. Sports may be added or removed from the list below depending on the number of coaches that express interest in coaching, as well as overall available funds for coaches.

CROSS COUNTRY October 10 – November 2

Coach: Paul Swenson

Email: pswenso@srvusd.net

FLAG FOOTBALL (August 28 – October 9)

Coach: Corey Donohue

Email: cdonohue@srvusd.net

VOLLEYBALL (October 16 – November 16)

Coach: Corey Donohue

Email: cdonohue@srvusd.net

DODGEBALL (TBD)

Coach: Corey Donohue

Email: cdonohue@srvusd.net

KICKBALL (TBD)

Coach: Corey Donohue

Email: cdonohue@srvusd.net

- Practices generally are held for one hour after school.
- All games begin at 3:30 p.m.
- Games should last approximately one hour.
- If a game is cancelled due to weather or other site considerations, the decision will be made by approximately 11:00 a.m. every day.
- Parents should arrange to have students picked up from the site hosting the game immediately after the game, or from the students' home school immediately following the team's return. We cannot be responsible for students left without rides to and from games.

Student Contract Regarding Extracurricular Activities Conduct

I. INTRODUCTION

The San Ramon Valley Unified School District ("SRVUSD") recognizes that extracurricular activities, and co-curricular activities, enrich the educational and social development of students and enhance

students' feelings of connectedness with the school. To the extent that participation in these activities are a privilege, SRVUSD believes that students should maintain the highest behavioral and character expectations at all times.

This Student Extracurricular Activities Conduct Contract ("Contract") applies to all students who participate in SRVUSD extracurricular activities, and co-curricular activities (collectively "Activities", or "Activity"). Once signed by the student, and the student's parent or legal guardian, the Contract shall be valid for all Activities the student participates in while the student is enrolled at SRVUSD. If SRVUSD updates, revises or modifies the Contract while the student is enrolled, the student must sign the revised Contract in order to continue to participate in Activities.

The Contract is administered by Athletic Coaches, Student Activities Coordinators, Club Sponsors ("Activities Leaders") and/or their designees with the support of staff and administrators at the SRVUSD. All students and parents are expected to read and sign this contract prior to student participation in any Activity. Participation in the Activity constitutes the student's and parent/guardian's understanding of, and agreement to abide by the terms of this Contract.

II. PARTICIPATION IN EXTRACURRICULAR ACTIVITIES IS A PRIVILEGE

Participation in Activities is a privilege, not a right, and the SRVUSD may impose both academic and behavioral expectations that exceed those required of students in the classroom setting. Participants are visible leaders and representatives of the SRVUSD both in and out of the classroom and should conduct themselves appropriately at all times. SRVUSD has the authority and reserves the right to restrict or revoke a student's privilege to participate in Activities when a student's poor citizenship is serious enough to warrant loss of the privilege.

III. ACADEMIC ELIGIBILITY REQUIREMENTS

To be eligible to participate in Activities, students' grades must demonstrate satisfactory educational progress in the previous grading period, including, but not limited to:

1. Maintenance of a minimum of 2.0 grade point average on a 4.0 scale in all enrolled classes;
2. Maintenance of minimum progress toward meeting high school graduation requirements.

IV. PARTICIPANT PLEDGE AND PROHIBITED CONDUCT

a) Participation Pledge

Prior to participation in an Activity, students must agree to abide by the following pledge:

Participation in extracurricular activities, and co-curricular activities, is an honor and a privilege. As a representative of the school and community, I have the obligation and responsibility to represent myself, my family, my activity, my school, and my community in an exemplary manner. I understand that if I violate the express or implied terms of this contract, or if I engage in any behavior that negatively affects my activity, fellow students, school, or community, I will be subject to disciplinary measures that may include the immediate revocation of my privilege to participate in the extracurricular activity, or co-curricular activity.

b) Prohibited Conduct

Students participating in Activities must abide by all SRVUSD policies, regulations and handbooks, regarding student conduct, particularly those rules set forth in the San Ramon Valley Unified School District Code of Student Conduct, the California Education Code, and any other applicable rules, regulations, or statutes that may apply, such as the California Interscholastic Federation (collectively referred to as "Policies"). The Policies are made part of this contract and are hereby incorporated by reference. Consequences arising from violations of this Contract may be given in addition to punishments for violations of the Polices.

V. PRIOR APPROVAL OF ACTIVITIES

Activities Leaders and School Administrators may require students to provide projects, plans for activities, statements, announcements, or other works in advance of publishing, or occurrence, for pre-approval. If the proposed works, or activities, are inconsistent with this Contract, or with SRVUSD policies, then school officials may preclude the use of any District resource towards the proposed work, or activity.

VI. DETERMINATION OF VIOLATIONS

When Contract violations are alleged, the Activities Leader, or any other appropriate District administrator, will gather information regarding the alleged violation. The student then will meet with the Activities Leader to discuss the alleged violation. The Activities Leader will then determine whether a violation of the contract has occurred and determine the appropriate consequence for the violation, up to and including complete revocation of the privilege to participate in the Activity. The Activities Leader will issue a notice of violation to the student, and shall contact the student's parent or guardian to discuss the violation and the related consequences.

VII. SUSPENSIONS AND EXPULSIONS

In addition to the consequences imposed by Activities Leaders under this Contract, students who are suspended, or expelled, from school shall not be permitted to participate in Activity practices, rehearsals, meetings, contests, or performances on the days that the student is either suspended or expelled. Students may also not participate in an Activity practice, rehearsal, contest, or performance if the participation directly conflicts with any assigned detention, or Saturday school.

VIII. APPEAL PROCESS

a. Decisions Affecting the Prior Approval of Activities

- i. Students wishing to appeal any decision by SRVUSD affecting their work, or participation, in an Activity, must submit a request for an appeal in writing to their principal, or designee, within 14 calendar days of the initial decision. The principal will meet with the student and her/his parent or guardian to discuss the matter. During the appeal process, the principal will consider if the decision was reached in accordance with school rules. After considering the facts, the principal, or designee, shall review the matter and issue a written decision within 45 calendar days.
- ii. If the student wishes to appeal the decision by the principal, or designee, the student must submit a request for an appeal in writing to the Superintendent, or designee, within 14 calendar days of the decision. The Superintendent shall review the matter and issue a

decision within 45 calendar days. The decision by the Superintendent, or designee, shall be final.

b. Code Violations

- i. Students wishing to appeal a Code violation must submit a request for an appeal in writing to their principal, or designee, within 14 calendar days of the initial decision. The principal will meet with the student and her/his parent or guardian to discuss the violation. During the appeal process, the principal will consider if the decision was reached in accordance with school rules. After considering the facts, the principal, or designee, shall review the matter and issue a written decision within 45 calendar days.
- ii. If the student wishes to appeal the decision by the principal, or designee, the student must submit a request for an appeal in writing to the Superintendent, or designee, within 14 calendar days. The Superintendent shall review the matter and issue a decision within 45 calendar days. The decision by the Superintendent, or designee, shall be final.

MUST BE COMPLETED AND TURNED INTO THE COUNSELING OFFICE

IX. ACKNOWLEDGEMENT

I acknowledge that I have read and understand the San Ramon Valley Unified School District's Extracurricular Code of Conduct Contract. I also understand that participation in extracurricular, and co-curricular, activities is a privilege, not a right, and that the SRVUSD may impose requirements and expectations beyond those imposed for regular classroom activities. I agree to abide by all the rules and requirements set forth in this contract, required by school staff, and imposed by other applicable rules, laws, and regulations.

Student Signature

Print Name: _____

Signature: _____

Date: _____

I acknowledge that I have reviewed the above contract with my son/daughter and agree to the requirements established for my son/daughter's participation in the San Ramon Valley Unified School District's Extracurricular Activities.

Parent Signature

Print Name: _____

Signature: _____

Date: _____

**San Ramon Valley Unified School District
Health Questionnaire
(To be filled out by parent/guardian)**

Student's Name _____ Grade _____ DOB _____

Mother/Guardian _____ Email _____ Phone _____

Father/Guardian _____ Email _____ Phone _____

PLEASE CHECK ALL THAT APPLIES OF YOUR CHILD

Asthma Diabetes (Blood sugar issues)
 Seizure Disorder /Epilepsy Heart Condition
 Other? _____

Allergies (food, medication, environment, insects)
Explain _____
Epi-Pen used? Yes _____ / No _____

List all medication taken by your child:

At Home _____
At School _____

Any other medical / special conditions / recent surgery that the school site or coaches should be aware? _____

If a medical emergency/special situation were to occur, what course of action would you prefer for your student?(Note: In case of serious/life threatening condition were to occur, 911 will be called to respond)

Does your child have any physical restrictions? Yes/No

Comments: _____

Signature of Parent/Guardian

Date:

***TO PARTICIPATE IN AFTER SCHOOL SPORTS, THIS FORM MUST BE TURNED IN PRIOR TO THE FIRST DAY OF TEAM PRACTICE - NO EXCEPTIONS!**